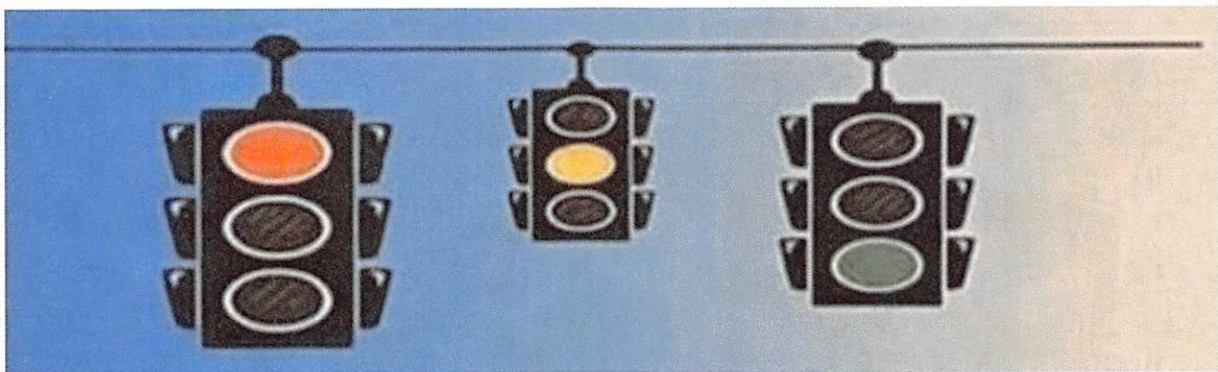


# SOCIAL DISTANCING:

## What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases. Social distancing measures include limiting large groups of people coming together, closing buildings and canceling events



<b>AVOID</b>	<b>Use Caution</b>	<b>Safe to DO</b>
<p><b>Group Gatherings</b> <b>Sleep Overs</b> <b>Playdates</b> <b>Concerts</b> <b>Theatre Outings</b> <b>Athletic Events</b> <b>Crowded Retail Stores</b> <b>Malls</b> <b>Workouts in Gyms</b> <b>Visitors in your House</b> <b>Non-essential workers in your house</b> <b>Mass Transit Systems</b></p>	<p><b>Visit a Local Restaurant</b> <b>Visit Grocery Store</b> <b>Get Take Out</b> <b>Pick up Medications</b> <b>Play Tennis in a Park</b> <b>Visiting the Library</b> <b>Church Services</b> <b>Traveling</b></p>	<p><b>Take a Walk</b> <b>Go for a Hike</b> <b>Yard Work</b> <b>Play in your Yard</b> <b>Clean out a Closet</b> <b>Read a Good Book</b> <b>Listen to Music</b> <b>Cook a Meal</b> <b>Family Game Night</b> <b>Go for a Drive</b> <b>Group Video Chats</b> <b>Stream a Favorite Show</b> <b>Check on a Friend</b> <b>Check on Elderly Neighbor</b></p>